



COVID QUESTIONS

- DO YOU HAVE ANY SYMPTOMS (FEVER, COUGHING, SORE/SCRATCHY THROAT, SHORTNESS OF BREATH OR LOSS OF TASTE OR SMELL
- HAVE YOU BEEN IN CLOSE CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE FOR COVID-19
- HAVE YOU TESTED POSITIVE FOR COVID-19 – WAIT UNTIL YOU HAVE BEEN GIVEN MEDICAL CLEARANCE TO ATTEND
- HAVE YOU TRAVELLED OVERSEAS, TO VICTORIA, OR TO A DESIGNATED HOTSPOT IN THE LAST 14 DAYS

COVID-19 Safety Plan

Club registered as a COVID Safe Business

Completed Lifesaving COVID-19 Safety Plan

Watch SLISA's 2 minute video on Donning and Doffing PPE to reduce the risk of infection

COVID-19 Safe Environment

Ensure COVID-19 safe environment for patrol areas including First Aid room

Appropriate PPE provided to patrol members

Refer to the SLISA DRSABCD during COVID-19 poster during high risk situations

Contact Tracing

Sign onto patrol via Operations App or Patrol Log

All subs and voluntary members, club visitors to sign in

Cooperate with NSW Health if contacted and Club President to notify SafeWork NSW 13 10 50 in the case of a POSITIVE

Minor First Aids

Sit outside FA room or tent
Maintain at least 1.5m distance where possible

Wear full PPE
Provide first aid supplies to patient and allow them to self-treat

After removing PPE, wash your hands for at least 20 seconds or shower after treatment

Major First Aid

Wear full PPE
Treat as per training

Limit to 1 Lifesaver to 1 patient if possible

After removing PPE, wash hands for 20 seconds or shower after treatment. Take extracare with cleaning ALL facilities/equipment after treating patient

Rescues

After the rescue, ask COVID questions (as listed above) to ensure no further action needs to be taken

Patrols should continue to undertake IRB, Board and Tube rescues

After the rescue is finalised, clean ALL facilities/equipment used and shower if possible

Resuscitation

Ask COVID questions to determine if high or low risk. If unable to ask questions, assume and treat as high risk

Full PPE to be worn
Do not use suction, OP airways or BVM

DO NOT GIVE RESCUE BREATHS
For infants & children consider providing rescue breaths in addition to chest compressions

IF YOU HAVE ANY SUSPECTED POSITIVE COVID CASES CONTACT SAFEWORK ON 13 10 50